

THINGS TO DO

Classical

RIT Orchestra: With violinist Anyango Yarbo-Davenport. The program includes the world premiere of Frederick Lesemann's *Concerto for Violin and Orchestra* as well as Benjamin Carr's *Federal Overture*. 3 p.m. Feb. 19. Ingle Auditorium, Student Alumni Union, Rochester Institute of Technology, 34 Lomb Memorial Drive, Henrietta. Free. (585) 475-6991.

Wine and Chili Weekend: Free chili tastings to kick off the Sodus Point Chili Blues Festival. Noon to 5 p.m. Feb. 19. Lake Ontario Wine Trail, 4287 Jersey Road, Williamson, Wayne County. Free. (585) 733-8366.

Other

Nordic Hot Dog Days: Cross-country skiing, snowshoeing, demonstrations and food (hot dogs, chili, mulled cider and more). Proceeds go to the Genesee Valley Nordic Ski Patrol, whose volunteers monitor the nature center ski trails. 11:30 a.m. to 3 p.m. Feb. 19 and 20. Cumming Nature Center, Rochester Museum & Science Center, 6472 Gulick Road, Naples, Ontario County. Free with nature center admission. Ski and snowshoeing equipment rentals available. Call (585) 374-6160 or go to www.rmssc.org.

Online Extra
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FOOD/DRINK

Roc City Empire Brewfest: Featuring more than 100 beer varieties and music. Session I runs from 1 to 4 p.m. Feb. 19; session II runs from 6 to 9 p.m. Feb. 19. Main Street Armory, 900 E. Main St. Admission to each session is \$40. (585) 232-3221 or www.rochstermainstreetarmory.com or www.roccitybrewfest.com.

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Garden

FROM PAGE 1C

Tomato, Icicle Series, is new this year in North America from Baker Creek and grown from seed imported from the former Soviet Union. The Icicles come in three colors: Black, Yellow and Pink. All are like long, slender Roma-type fruits, pointed on the blossom end, Orton says.



Provided by Burpee

Coconut Ice Sunflower.

with juicy tomatoes ranging from red to yellow hues.

"So pretty in the garden, and so delicious fresh or cooked," Orton adds.

Gardeners like to combine flower gardening with vegetable gardening these days, with zinnia being a popular border flower, Ball says. New this year from Burpee is the Raspberry Lemonade zinnia mix. The splashy color collection — including Coral, Yellow and Starlight Rose — looks spectacular in the border, or in a vase. They are easy to care for and disease-resistant.

Native to Japan, Edamame is a highly nutritious food crop similar to the field soybean. The Karikachi Edamame has three large seeds per pod with sweet flavor and a dark green color once blanched or frozen. Karikachi is easy to grow with high yields and disease-resistant, says Frazon of John Scheepers Kitchen Garden Seeds.

The Coconut Ice sunflower is also a popular new introduction, Ball says. The petals on this tall sunflower start out a rich creamy vanilla and gradually transition to white. □

Vegetable gardening is continuing to grow, accounting for 60 percent of sales at Burpee, when for decades it had accounted for half the sales. The kings of color collection of four tomatoes are a hit,

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RPO

FROM PAGE 1C

cycling downhill with the wind through your hair.

cussion. Yet its portraits and snapshots of places and events are so strong that this energetic work engages at every turn. The work occasionally goes off on tangents, though it is always interesting, if not always developed, material.

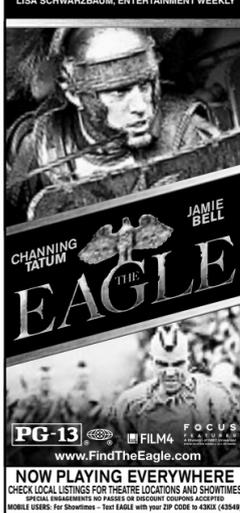
To start, violin soloist Lara St. John gave a magnetic, free-wheeling U.S. premiere performance to a triumphant, half-hour-long violin concerto by Australian composer Matthew Hindson, which was followed by an intermission. Hindson's *Concerto for Violin, "Australian Postcards,"* is a three-part concerto that trips an audience around an Australian wind turbine landmark, a bleak rural town with failing industry and then into Australia's biggest sports day, where "your team wins, of course," prefaced Ioannides, who was born in Australia.

St. John is not the typical, manicured virtuoso. She dares to go past the niceties of violin playing to pull out a raw performance with an expressive freedom that's rare. In a yellow and brown ragged dress (already a dangerous look), she dove around the three-part work like a hawk, from its frenzied runs to its fiddle-like melodies. And the orchestra, which has a hefty role in this concerto, mastered a difficult and face-forward accompaniment, led with concise, clear conducting by Ioannides.

It's a loaded work, heroic in all it conveys. It's modern in techniques, with slides and held notes that droop and melt away, electronic-like string textures and more than just garden variety per-

It was enough of a work to satisfy for an entire concert. But there were two other major works to be heard; the thought alone was exhausting.

"AN INVIGORATING, ACTION-FILLED ADVENTURE!"
 LISA SCHWARZBAUM, ENTERTAINMENT WEEKLY



Debussy's *La Mer*, the composer's most majestic work, was dessert.

And by the time the orchestra finished its ravishing and authoritative version of Stravinsky's *Firebird Suite*, the audience ran out of steam for the overwhelming applause and ovations that usually follows this impressive orchestral work. □

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ON TV TONIGHT

This schedule reflects program changes by the networks or local stations since Sunday's TV Week was printed. For local channels, the first number is the cable channel; the second number is for viewers who use an antenna.

LOCAL	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
CBS WROC DT-8.1	Paid.	Jeopardy! (TV G)	CSI: NY Blacklist A cyber killer makes a case personal. (TV14)		Criminal Minds Devil's Night Searching for Halloween killer. (TV14)		48 Hours Mystery Playing with Two murderers. (TV14) (N)		News 8 Tonight (N)	(35) Criminal Minds Conflicted Spring break killer. (TV14)	Numb3rs Kill Chat (TV14)	
NBC WHEC DT-10.1	Paid.	Paid.	Harry's Law Day Life Harry fights for job; undercover. (TV14)		Law & Order: Los Angeles Harbor Surf champion. (TV14)		Law & Order: Special Victims Unit Branded (TV14)		News 10NBC at Eleven (N)	(29) Saturday Night Live From December: Paul Rudd hosts; Paul McCartney. (TV14)		
ABC WHAM DT-13.1		Entertainment Tonight (N)	Wipeout Little Piggy Holiday Hams, Snowplow Sweeper. (TVPG)		"Over the Hedge" ★★★ ('06) A raccoon convinces his fellow furry creatures to raid a suburb for food. 'PG'				13WHAM News at 11 (N)	Entourage (TVMA)	Storm Stories (TV G)	Storm Stories (TV G)
PBS WXXI DT-21.1		The Lawrence Welk Show Love Songs (TV G)	Sherlock Holmes The Dancing Men Recurring drawings. (TVPG)		Keeping Up Appearances	As Time Goes By (TVPG)	My Family (TVPG)	Reggie Perrin Office party.	Pioneers of Television Science Fiction Rod Serling. (TV G)	Austin City Limits Willie Nelson Collaborative album. (TVPG)		
WXXI DT-21.2		Ind. Lens	POV (TV14)		Global Voices (TVPG)		Global Voices		Global Voices	Ind. Lens		
WXXI DT-21.3		Curious	Bernstein	Electric	WordGirl	R. Steves	Travels	Burt Wolf	R. Steves	Globe Trekker	Louisiana	Travels
FOX WUHF DT-31.1		Seinfeld Soul Mate (TVPG)	Seinfeld (TVPG)	Cops (TVPG) (N)	Cops Crimes (TVPG)	America's Most Wanted: America Fights Back (TVPG) (N)		Fox First at Ten (N)	Sports Extra	Fringe 6B Grieving woman; emotional rift. (TV14)	30 Seconds to Fame (TVPG)	Paid.
CW WHAM DT-13.2		Without a Trace (TV14)	Bones Princess Pear (TV14)	Bones Witch in Woods (TV14)	America's Funniest Home Videos	WGN News at Nine (N)	Scrub	How I Met	South Park	South Park		
MNT WBGDT DT-18.0		Scrubs Story (TVPG)	The City (TVPG)	Grey's Anatomy Wild Things (TV14)	Deadliest Catch Unforgiving Sea (TV14)	Comedy.TV (TVPG) (N)	Chappelle Show	Chappelle Show	Off Beat Cinema			
WGN		Bones Princess Pear (TV14)	Bones Witch in Woods (TV14)	America's Funniest Home Videos	WGN News at Nine (N)	Scrub	How I Met	South Park	South Park			
FAM		"Titanic" ★★★ ('97, Romance) Leonardo DiCaprio. A dashing vagabond falls in love with a rich girl aboard an ill-fated ship. 'PG-13'								"Under the Tuscan Sun" ★★★ ('03) Diane Lane. 'PG-13'		
USA		Law & Order: SVU Selfish (TV14)	Law & Order: SVU (TV14)	Law & Order: SVU Bound (TV14)	Law & Order: SVU (TV14)	Law & Order: SVU Savant (TV14)	Law & Order: SVU Selfish (TV14)					
TNT		Lost Dunks (Live)	Tip-Off (Live)	2011 NBA All Star Saturday Night from Staples Center in Los Angeles (Live)						"The Longest Yard" ★★★ ('05, Comedy) Adam Sandler. 'PG-13'		
AMC		(530) "A Fistful of Dollars" ('64) 'R'	"For a Few Dollars More" ★★★ ('67, Western) Clint Eastwood. Gunslingers team up to track an outlaw. 'R'							"The Good, the Bad and the Ugly" ('66, Western) Clint Eastwood. 'R'		
LIFE		"Glass House: The Good Mother" ★★ ('06, Thriller) Angie Harmon. 'R'								One Born Every Minute (TVPG)	Seriously	Seriously
DISC		Sons of Guns	Sons of Guns	Auction Kings	Auction Kings	Auction Kings	Auction Kings	Auction Kings	Auction Kings	Auction Kings	Auction Kings	Auction Kings
A&E		The First 48 (TV14)	The First 48 Slip; Pure (TV14)	The First 48 Store clerk. (TV14)	The First 48 Final Call (TV14)	The First 48 Bail Out (TV14)	The First 48 Slip; Pure (TV14)					
HALL		Touched by an Angel (TV G)	Touched by an Angel (TV G)	Touched by an Angel (TV G)	Touched by an Angel (TV G)	Touched by an Angel (TV G)	Touched by an Angel (TV G)					
TBS		Seinfeld	Seinfeld	"Bedtime Stories" ('08, Comedy) Adam Sandler. Tales come to life. 'PG'		"Just Married" ★★ ('03, Comedy) Ashton Kutcher. 'PG-13'				"Yours, Mine and Ours" ★ ('05) 'PG'		
BRAVO		House 5 to 9 (TVPG)	House Lives (TVPG)	House Black Black-out. (TVPG)	House Moving (TVPG)	House 5 to 9 (TVPG)	House Lives (TVPG)					
TCM		(530) "Sergeant York" ('41) (TV G)	"Gigi" ('58, Musical) Leslie Caron. A playboy falls for a courtesan. (TV G)							"The Lord of the Rings: The Return of the King" ★★★★★ ('03, Fantasy) Sir Ian McKellan. Journey's end. 'PG-13'		
HIST		Modern Marvels (TVPG)	Top Shot Sharpshooter (TVPG)	Top Shot Shoot Be Shot (TVPG)	Sniper: Inside The Crosshairs Missions discussed. (TVPG)							
TVL		Married	Married	Married	Married	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond
ANML		Must Love Cats (TVPG)	Must Love Cats (TVPG) (N)	Pit Boss XL (TV14) (N)	Pit Boss Shorty Goes (TVPG) (N)	Pit Boss XL Pit Bulls (TV14)	Pit Boss Shorty Goes (TVPG) (N)					
OXYGEN		Minute to Win It (TVPG)	"The Pacifier" ★★ ('05, Comedy) Vin Diesel. Tough babysitter. 'PG-13'			"While You Were Sleeping" ★★½ ('95, Romance) Sandra Bullock. 'PG'				"Shall We Dance?" ('04) 'PG-13'		

QUICK TAKES



Better Contractors Bureau

YOUR HOME

Repurpose, reuse

Every day household items could be repurposed for other uses, says Jen Ulrich, owner of Answers to Organizing in Irondequoit. She suggests these tricks to get the most out of stuff you have around the house:

- An over-the-door wire book rack is perfect for linen closet items, such as toilet paper, bar soap, hand towels, a box of bathroom cups, or light bulbs. Roll hand towels and store them vertically at the ends of a shelf so items like bar soap won't slip through. This is a great closet space saver.
- We all have single-purpose kitchen tools like the hard-boiled egg slicer. Try this tool with some fresh mushrooms or slicing small chunks of banana.
- If you don't have the tool to core apples, use a melon baller.
- Traveling? Place a shower curtain liner on your bed before hefting luggage up for packing and unpacking. Keeps bed covers clean and undamaged.
- Car stuck in the snow? Use the floor mats under the wheels; turn them upside down.
- A chest of drawers makes a wonderful gift-wrapping station. Use the smaller drawers for ribbons, bows and tags; and the long drawers for tubes of paper. Keep the top clear for your wrapping work space. This works well in a spare bedroom, but be sure to leave one drawer empty for use by your guests.
- Try an old golf-club bag to store garden/plant stakes.
- Coffee filters in the bottom of a pot keep soil from draining out the bottom when the plant is watered.
- For a quick and reliable household inventory, take pictures with your digital camera of every angle of every room. Download to a disk and store in a fire-proof safe in the event of theft or fire.



Ulrich

HOME SHOW

Dome Center

The Better Contractors Bureau will host its 27th annual Home Fair Expo from 3 to 8 p.m. Feb. 25, 10 a.m. to 8 p.m. Feb. 26 and 10 a.m. to 5 p.m. Feb. 27 at the Dome Center in Henrietta. There will be more than 290 exhibits and seminars to help home owners with repair issues.

All seniors age 62 and older will be able to attend for free all day on Feb. 25 and everyone will be able to attend for free after 5 p.m. Feb. 25 and 26, after 3 p.m. Feb. 27. General admission is \$6 at the door, free for children under 12. For more information, go to www.the-bcb.net.

GARDEN STYLE

Perennial lessons

Perennial flowers are the "old faithful" of the garden and return year after year. Learn the basics of planting, growing and enjoying beautiful perennial gardens at a seminar from 10 to 11 a.m. today at Grossman's Garden & Home in Penfield. The price is \$5 per person and registration is appreciated. Call (585) 377-1982 for more information.

SPRING GARDEN

Workshop

Beat down those winter blahs and start getting ready for spring as the Seneca County Cornell Cooperative Extension Master Gardeners have organized a day of speakers, food and gardening information to help you prepare for gardening season.

The workshop will be held from 8:30 a.m. to 2:30 p.m. March 5 at Vince's Park Pavilion, corner of Route 318 and Routes 5 and 20, Seneca Falls. Price for the workshop is \$25 per person. Registration by Feb. 28 is encouraged as space is limited. For more information or to register, call (315) 539-9251. □

Staff writer Mary Chao compiled the listings for this column. Send home and garden tips, events and story ideas to mchao@DemocratandChronicle.com.

Separate beds not the only answer

COLLEEN NEWVINE TEBEAU
 ASSOCIATED PRESS

One in three Americans report that their significant others' sleeping habits affected their own, according to a mattress industry survey.

Some couples resort to separate bedrooms. But, say designers and therapists, there are creative solutions.

"I'm a hopeless romantic," says Beverly Hills, Calif., designer Christopher Grubb, who likes helping clients enjoy sleeping in the same room.

Snoring, he says, is a common problem among his clients, and one found relief with an anti-snoring pillow from Sona, one of several companies that offer pillows designed to help prevent snoring by keeping the sleeper's airway open.

Grubb also suggests a mid-weight comforter to balance different temperature preferences, and beds that cater to partners' different needs. Sometimes, that can mean two mattresses, side by side.

Going to this extra effort can be worth it, says Tina B. Tessina, a psychotherapist who blogs as Dr. Romance, and is the author of *Money, Sex and Kids: Stop Fighting about the Three Things That Can Ruin Your Marriage* (Adams Media, \$14.95). "Sleeping apart can contribute to the disconnect that plagues many relationships. It just makes it easier to avoid each other, when what's really needed is connection and contact," Tessina said.

Leta Hamilton gets her togetherness by sleeping in bed with her infant and toddler while her husband sleeps on the floor.

Hamilton, host of the Internet radio show *The Way of the Toddler Hour*, said her husband, James, prefers sleeping on hard surfaces and likes sleeping by himself, but their arrangement keeps him in the same room. □